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RE Weekly

Holy Spirit Catholic Community Newsletter

April 19, 2020

HOLY SPIRIT NEWS

Hello and Happy Friday!

I hope you all continue to stay safe and healthy!

HOLY SPIRIT FACEBOOK

We are on [Facebook](#)! Click on the icon at the bottom of the newsletter to stay up to date with our new social media.

SUNDAY

God

Family

Friends

The church has always proclaimed that the family is the domestic church. Use this resource from the diocese as a chance to grow in love with Jesus as a family. In this resource, called "God Family Friends", mom or dad reads the Sunday Gospel aloud then there's a game, crafts, and dinner discussions. Each week, a new "God Family Friends" will be sent to you.

This week's version honors **Divine Mercy Sunday** - a day where we're reminded of Jesus's grace and mercy.

[Access it here!](#)

MONDAY

Spend 10 minutes watching a live Adoration! For all who don't know, Eucharistic Adoration basically pauses the moment where the priest raises the consecrated host. Our house has been linking to a Youtube channel that offers it (click on the picture below to access one!). Bring a journal, some Christian songs, or even just sit in silence in the presence of God. Start with just 10 minutes, but I highly encourage you to make this a tradition in your family!



This was Adoration at my college campus about a year ago. A really beautiful type of prayer!

TUESDAY

The Internet has a wide variety of resources to help you prepare for Sunday's Mass - very similar to [God Family Friends](#) from the diocese! Instead of doing the activities on the day you are celebrating Mass, use Loyola Press's "Sunday Connection" to **prepare for the readings ahead of time**. Use the following 4 steps to read the Bible with your family (from [Loyola Press](#)):

1. Set the environment.
2. Introduce and read Scripture.
3. Encourage the children to reflect and respond.
4. Invite the children to pray.

[Click here to access the Sunday Connection for April 26!](#)

WEDNESDAY

Happy Earth Day!

Look around - God's Creation is everywhere! I am surrounded by nature, trees, flowers, rocks, and animals. Early in the morning with a cup of coffee, I like to look out my window, or if the weather is warm enough, step outside on the deck. This time of year, I am greeted by a deer enjoying breakfast or birds making a nest. The flowers are getting fuller and blooming in our yard and the leaves on the trees are so close to opening, both signs of new life and hope. We have planted, cultivated, and harvested flowers, vegetables, and fruits from our backyard. Planting flowers is just one way to help our environment and world. Let us know how your family will celebrate Earth Day!
Blessings, Kim



Honor Earth Day by learning more about climate change, planting a tree in your community, or making a craft flower out of recycled material! Click on the image to learn how to make this flower with your families!



Earth Day Prayer

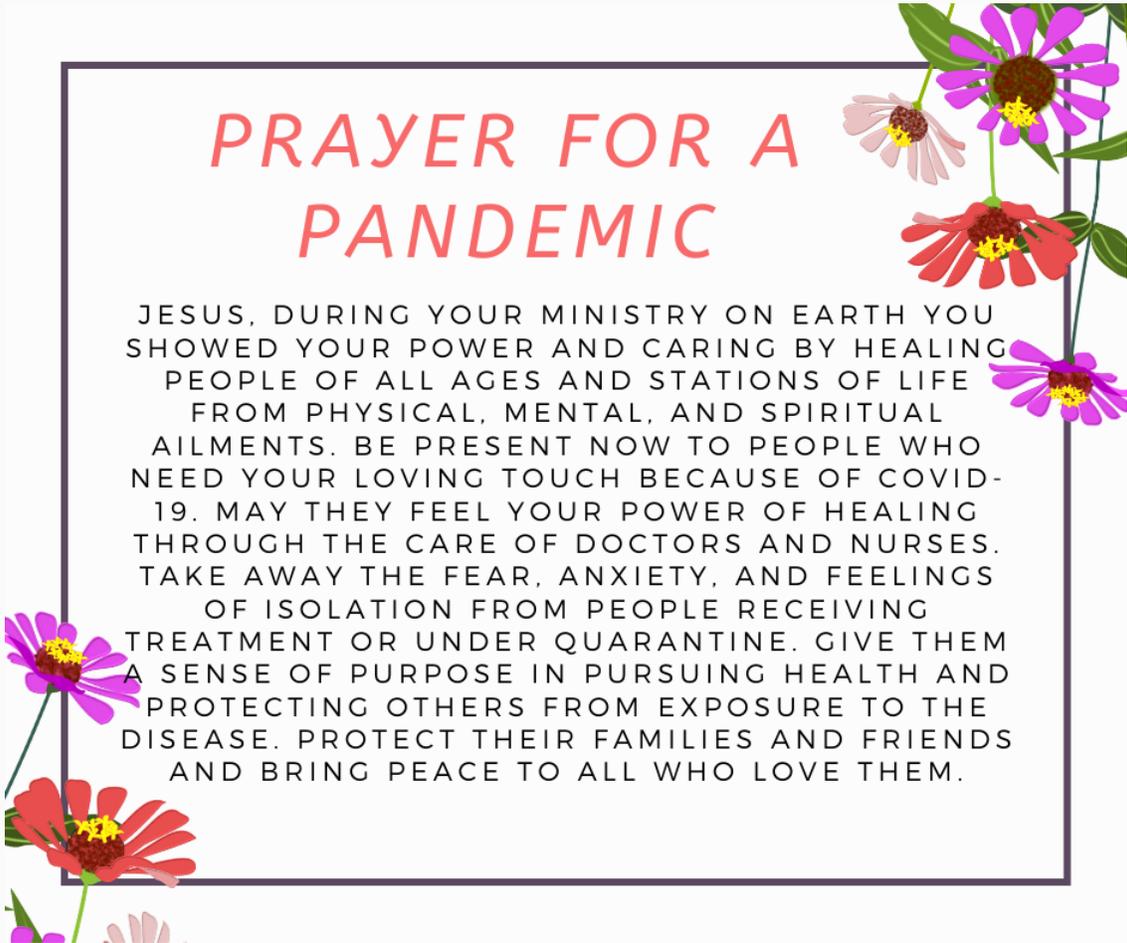
Dear God, thank you for this beautiful planet. Bless it and keep it safe from harm. We pray for the protection of the animals, the soil, air, and water. May we care for all you have made. Help us to love the Earth as you do. We pray in Jesus' name. Amen.

THURSDAY

Pray the following prayer for a pandemic for all who are struggling with the coronavirus, whether it be physically, mentally, or financially:

PRAYER FOR A PANDEMIC

JESUS, DURING YOUR MINISTRY ON EARTH YOU SHOWED YOUR POWER AND CARING BY HEALING PEOPLE OF ALL AGES AND STATIONS OF LIFE FROM PHYSICAL, MENTAL, AND SPIRITUAL AILMENTS. BE PRESENT NOW TO PEOPLE WHO NEED YOUR LOVING TOUCH BECAUSE OF COVID-19. MAY THEY FEEL YOUR POWER OF HEALING THROUGH THE CARE OF DOCTORS AND NURSES. TAKE AWAY THE FEAR, ANXIETY, AND FEELINGS OF ISOLATION FROM PEOPLE RECEIVING TREATMENT OR UNDER QUARANTINE. GIVE THEM A SENSE OF PURPOSE IN PURSUING HEALTH AND PROTECTING OTHERS FROM EXPOSURE TO THE DISEASE. PROTECT THEIR FAMILIES AND FRIENDS AND BRING PEACE TO ALL WHO LOVE THEM.



FRIDAY

Spring is in the air, and that comes with spring cleaning. Every year, my family would go through all of our stuff and donate some of our items. Have each member of the family go through their rooms. Make a box and, once shelter in place is lifted, donate the box to the St. Vincent de Paul Society! Here's a picture of my roommate mid-clutter - once it was done, it was nice to be free of it :)



Anything you would like to see on the newsletter? Email Claire at echo3@hscs.us with ideas, links, or videos! Know that we

are praying for you during this time, and to reach out if you need anything from us. Thank you and God bless!

Peace,
Jane, Kim, and Claire

