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RE Weekly
Holy Spirit Catholic Community Newsletter
May 10, 2020

HOLY SPIRIT NEWS

Happy Mother's Day from the staff here at Holy Spirit! Click below for a message from Fr. Marty.



SUNDAY

God

Family

Friends

The church has always proclaimed that the family is the domestic church. Use this resource from the diocese as a chance to grow in love with Jesus as a family. In this resource, called "God Family Friends", mom or dad reads the Sunday Gospel aloud then there's a game, crafts, and dinner discussions. Each Sunday a new "God Family Friends" will be sent to you.

[Access it here!](#)

MONDAY

Movie nights are a super great way to add some fun to your night! This week, we are recommending Moana - one of my favorite movies. Watch the video below to learn more about how it tells us about our faith!





Want a snack to go with your movie night? Jane found a great recipe for a Hawaiian trail mix - 3 different ways! Click on the picture from the article for the recipe.

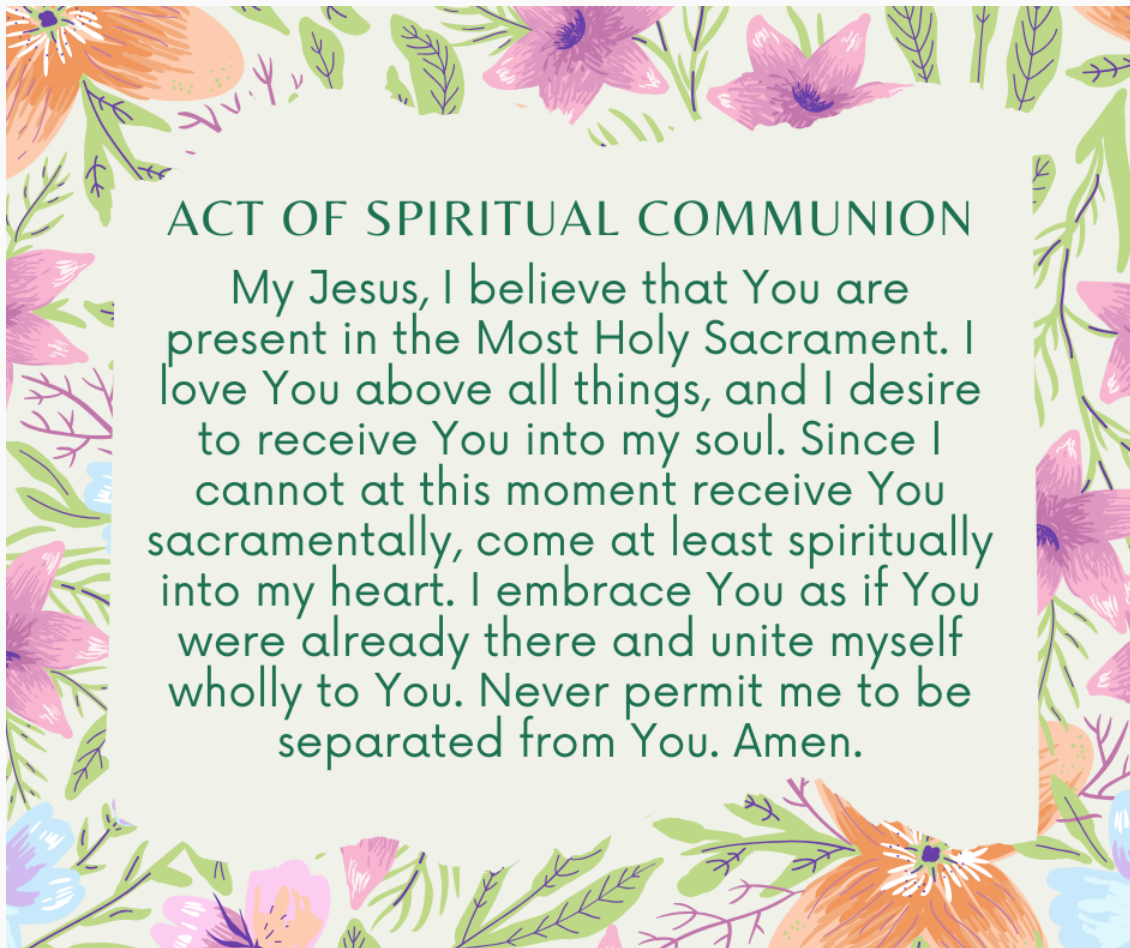
TUESDAY

Spend some quiet time in your families today. Now, more than ever, it is important for us to listen to Jesus. Start with something small, such as five minutes, and invite your children to ponder what God may speaking into their hearts.

[Click for some tips on making the most of quiet time](#)

WEDNESDAY

Since we haven't been able to make it to Mass during quarantine, pray an **Act of Spiritual Communion** after streaming a daily Mass. This is a prayer for those who for any reason can't receive the Eucharist - including us in the situation we are currently facing. An Act of Spiritual Communion increases our desire to receive the Eucharist and asks Christ to unite Himself with us. In this prayer, we are able to share our faith in Jesus and affirm our belief in His Real Presence.



THURSDAY

Day 61 of "Shelter in Place," has it really been that long? Until recently, not all stores required face masks to be worn. But now wearing a face mask in Illinois is mandatory. If you're like me, I find that wearing a mask is well...kind of frustrating. When I get to the entrance of our local grocery store, I realize I left it in the car.

So I have learned to adapt to the situation...by making some no sew face masks. This allows me to have one in the car, one in my handbag, one in the house etc. Now I am prepared wherever I go with the necessary face protection to keep others safe.

I found in my craft room, leftover bandanas and some rubber bands. I saw online that you can also use hair bands or ties. But I have to admit, for me they were just too small and the rubber bands were the perfect size. These masks are easy to make, and now I have color choices when I do have to wear one. If you don't have a bandana you can also use a square of any cotton fabric.

I have now made one for every member of my family. We did a zoom get-together last weekend and we each put on our bandana face masks. We looked like a rainbow! So try it out, something you can all do together. Remember none of us likes to wear a mask, but it is meant to keep other people we come in contact with safe, especially our loved ones. The mask will not be perfect, but we're not going for

perfection. As I read from a sign in a store window, "Protection not Perfection."

Stay safe HSCC families, Kim

No Sew Bandana Face Mask



What you need:

One bandana

2 rubber bands or 2 hair ties

Step 1: Fold bandana in half.

Step 2: Fold bandana in half again.

Step 3: Put one rubber band on end of bandana, about 5 inches in from outside edge. Repeat with opposite side.

Step 4: Fold the left outer edge of bandana in toward the opposite rubber band. Repeat with opposite side.

Step 6: With folded edges toward your face, gently place one of the rubber bands behind one ear. Then place the second rubber band behind the other ear. Adjust fit as needed.



FRIDAY

A few weeks ago, I shared an Easter playlist to celebrate the new season. This time, I am sharing a playlist I would like you to pray with!

My housemate introduced me to praying with music this year, and it's been very fruitful! A lot of the time, I will randomly shuffle the playlist, and the song is exactly what I need to hear in that moment. Try it with one song, if you are just starting out. Really listen to the words of the song, and ask God what He wants to tell you through the lyrics.

[Pray with praise and worship music!](#)

Of course, there is one more thing to do today! It is May 15, which can only mean one thing - it's time to register for RE for the 2020-2021 school year!

[REGISTER FOR RE 2020-2021](#)

OTHER NEWS

HOLY SPIRIT FACEBOOK

We are on [Facebook](#)! Click on the icon at the bottom of the newsletter to stay up to date with our new social media.

AMAZON SMILE

We are on Amazon Smile! Go to smile.amazon.com and Amazon will donate a percentage of the price of your eligible Amazon Smile purchases to our parish at no cost to you.

YOUTUBE CHANNEL

We are excited to introduce our YouTube channel! We will be posting our Masses and messages from Fr. Marty and our staff. This is another way to stay in touch with all of you!

[Click to subscribe to our channel](#)

Anything you would like to see on the newsletter? Email Claire at echo3@hsccl.us with ideas, links, or videos! Know that we

are praying for you during this time, and to reach out if you need anything from us. Thank you and God bless!

Peace,
Jane, Kim, and Claire



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