

**RE SUMMER NEWSLETTER...SUNNY AND SLOWER**

**Holy Spirit Catholic Community  
August 9, 2020**



We all have that person in our lives we see as a role model. Maybe that person is a parent, with direct influence, or perhaps an athlete, who we indirectly look up to. Either way, a role model serves to shape how we act, think and feel. But who is the person in your life that serves as a role model of faith?

This week, Saturday, August 15, we celebrate The Assumption of Mary. As Catholics, Mary clearly serves as a role model of how to live a life of faith. She inspires us to say "yes" to God and how to better live a life of holiness and love. How will your family celebrate this feast day? Try one of the ideas below, or better yet, come up with one on your own and let us know what you did?

- Pray a Hail Mary with your family
- Attend mass, or watch a live stream Holy Spirit mass via the website with your family
- Make a craft, or color a picture from Catholic Icing <https://www.catholicicing.com/assumption-of-mary-are-you-ready-to/>

## WALKING WITH MARY

Every Thursday  
starting July 2nd  
with Gina Farnum  
leading the rosary



Meet in the parking lot at  
9:00am on  
Thursdays.  
Bring your rosary.

Our final "Walk with Mary" will be this coming Thursday, August 13. Meet in the Holy Spirit parking lot at 9 am to say a prayer. Then head across the street for the rosary walk. All are welcome...a perfect opportunity for mom's and dad's with a little one in a stroller!



In today's episode of *Pop-Up Catechesis*, we explore the significance of the Assumption of the Blessed Virgin Mary (August 15).

### **Prayer for the Assumption of Mary**

Father in heaven,  
all creation rightly gives you praise,  
for all life and all holiness come from you.

In the plan of your wisdom  
she who bore the Christ in her womb  
was raised body and soul in glory to be with him in heaven.  
May we follow her example in reflecting your holiness  
and join in her hymn of endless love and praise.

We ask this through Christ our Lord.

Amen.



### **Assumption Shortcakes Recipe**

This dessert recipe is an Assumption activity to celebrate the Assumption of Mary. Each part of the recipe represents something about the feast. (See below.) You can use your favorite shortcake recipe. Or use the simple recipe below which uses biscuit mix as a shortcut. This can be a fun group activity and a tasty way to celebrate the Assumption of Mary. Use the time while the shortcakes are cooling to talk about why we celebrate this day.

Here is what the different parts represent:

- Biscuit – The earth
- Strawberries – the suffering Mary bore in her heart
- Blueberries – because Mary’s color is blue
- Whipped cream – the clouds
- Mini chocolate chips – the sweetness of life in heaven
- Yellow sprinkles – Mary’s crown as Queen of Heaven

You could also make this with angel food cake or yellow cake.

**What you need to make it:**

- 1/2 quart strawberries
- 1 pint blueberries
- 1/4 cup sugar
- 2 1/3 cups biscuit mix
- 1/2 cup milk
- 3 tablespoons sugar
- 3 tablespoons butter or margarine, melted
- Canned whipped cream or whipped topping
- Mini chocolate chips
- Yellow sprinkles

**How to make it:**

1. Preheat oven to 425.
2. Wash the fruit and slice the strawberries.
3. Mix the strawberries, blueberries, and 1/4 cup sugar in a bowl and set aside.
4. Next, stir together the baking mix, milk, 3 tablespoons sugar, and the butter until all the mix is moistened. Do not overmix.
5. Drop dough into six mounds on an ungreased cookie sheet.
6. Bake for 10 to 12 minutes.
7. Cool for 10 minutes
8. Split the biscuits and spoon some of the fruit mixture in the middle.
9. Put the tops on.
10. Top with remaining fruit, whipped cream, chocolate chips, and sprinkles.

(Article and recipe found at 2020 [Young Catholics](#))

God

Family

Friends

The church has always proclaimed that the family is the domestic church. Use this resource from the diocese as a chance to grow in love with Jesus as a family. In this resource, called "God Family Friends", mom or dad reads the Sunday Gospel aloud then there's a game, crafts, and dinner discussions. Each Sunday a new "God Family Friends" will be sent to you.

[Access it here!](#)



**HOW CAN WE PRAY FOR YOU TODAY?**

Our parishioners are on an email prayer chain and they would like to give you the gift of prayer. Just give them your request and the person's first name by emailing [prayer@hsc.us](mailto:prayer@hsc.us).

Even though it's summer...let us know if there is anything you would like to see in the newsletter? Email Kim at [asst.dre@hsc.us](mailto:asst.dre@hsc.us) with ideas, links, or videos.

Peace,  
Jane, Kim, and Claire



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